



Duration	Procedure/Method	Resources
10' to 15'	<p>1. Brainstorming</p> <p>To begin with, associations with the topic of media are collected.</p> <p>☺ Using a digital tool (e.g., mentimeter.com) and an internet-enabled device (e.g., smartphone or tablet), the students contribute their thoughts on the topic of media to the group.</p>	<p>Method:</p> <p>⇒ <i>Brainstorming</i> [1]</p>
30' to 50'	<p>2. Media diary</p> <p>Worksheets are used to examine personal use of media.</p> <p>☺ The documentation is conducted over a specified period. The students analyse their media consumption using predefined questions and identify potential areas for change.</p>	<p>Method:</p> <p>⇒ <i>Media diary</i> [1–3]</p> <p>Worksheet:</p> <p>⇒ <i>Media diary – source evaluation</i> [1–3]</p> <p>or</p> <p>Worksheet:</p> <p>⇒ <i>Media diary – personal behaviour</i> [1–4]</p>
15' to 30'	<p>3. Quality criteria</p> <p>The students learn criteria for consciously selecting media content.</p> <p>☺ Students read an info sheet about why good media content matters. Then, each student makes a list of things to look for when choosing media content, using given criteria. In groups of three, they discuss their lists, agree on a shared selection, and explain some of their points in more detail.</p>	<p>Method:</p> <p>⇒ <i>Quality criteria</i> [1]</p> <p>Information:</p> <p>⇒ <i>Quality criteria</i> [1]</p> <p>Worksheet:</p> <p>⇒ <i>Quality criteria</i> [1]</p>